





Don't waste medicines



 Waste medicines cost the NHS up to £800 million a year.

 Tell your doctor or pharmacist if you are not taking your medicines exactly as prescribed. Your doctor makes a diagnosis based on your condition assuming you have been taking your medication as prescribed.

 Once medicines are prescribed, they cannot be re-used and have to be incinerated – even if they are unopened.

 Don't order what you don't need – check your supply before ordering more. Discuss your medicines on a regular basis with your GP or pharmacist.



For more information visit:
www.northyorkshireandyork.nhs.uk

NHS

North Yorkshire and York